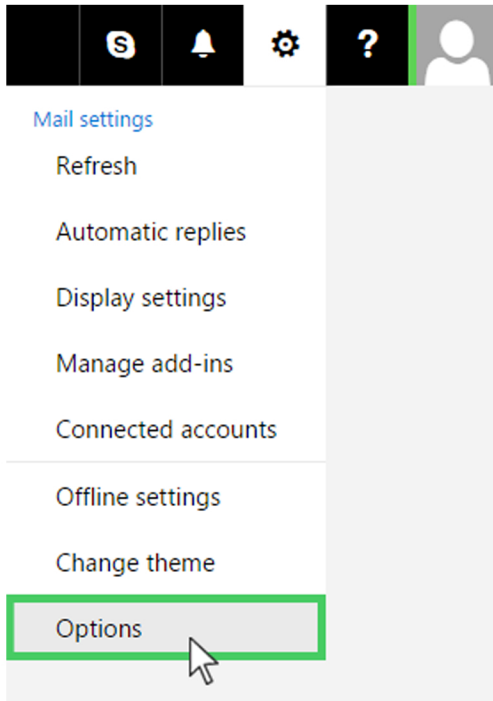


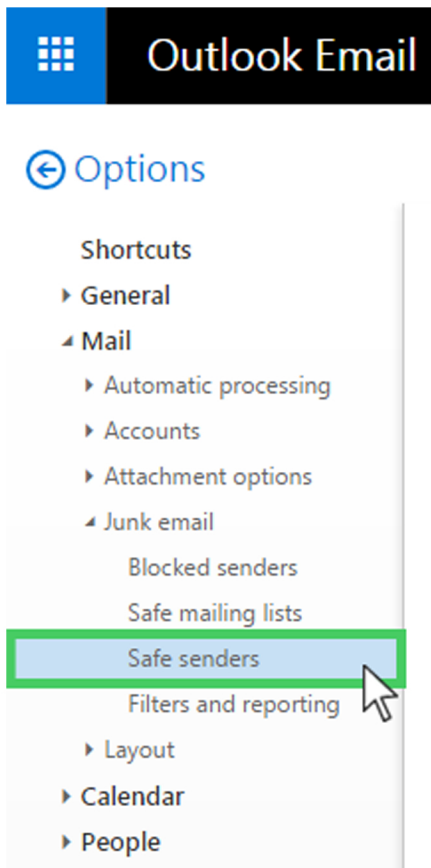


Outlook.com or Windows Live Mail

1 Click on the cog icon (Settings Menu) located on the top right and choose 'Options'



2 On the menu located on the left hand side, select 'Safe senders' (under Junk email)





Outlook.com or Windows Live Mail

- 3 Type '**newsletter@foodmanufacture.co.uk**' into the text box and click the + button to the right of the box to add us to your safe senders list

Outlook Email

Options

- Shortcuts
- General
- Mail
 - Automatic processing
 - Accounts
 - Attachment options
 - Junk email
 - Blocked senders
 - Safe mailing lists
 - Safe senders**
 - Filters and reporting
 - Layout
 - Calendar
 - People

Save Discard

Safe senders

If you want to receive email from a sender or domain, add the address to the box below, click the plus (+), then save.

newsletter@foodmanufacture.co.uk +

- 4 Press 'Save' at the top of the page to complete the process

Outlook Email

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